

Department of Disease Control

Weekly Disease Forecast No.145_Food Poisoning (29 January – 4 February 2018)

The national disease surveillance system revealed 6,657 food poisoning cases with no death during 1 – 22 January 2018. The highest incidence rates were found in 15 – 24 years followed by 25 – 34 years and 45 – 54 years age groups respectively. Most patients were found in the Northern and the Northeastern regions of the country.

During the past week, there were 2 food poisoning outbreaks at the mass gathering events in Yala province (117 cases) and Ratchaburi province (86 cases).



According to this week disease forecast, food poisoning outbreaks are likely to continue especially during mass gathering events.

The Department of Disease Control advises food handlers to practice good personal hygiene and always wash hands before and after cooking food as well as after using toilets. In case of having wounds on hands, food handlers should always wear plastic gloves. Paying attention to food cleanliness will help prevent pathogen contamination. All food should be well covered to keep from flies. Food should be freshly-cooked. Discard food with unusual smell. If preparing food boxes, cooked rice should be put separately.

Symptoms of food poisoning are nausea, vomiting, stomach ache, diarrhea, and headache. The best first aid is drinking Oral Rehydration Salts (ORS) solution to prevent dehydration. Medical care should be sought immediately in case of severe illness such as severe belly pain, fever, bloody diarrhea, prolong vomiting or signs of dehydration (dry mouth, decreased urination, dizziness, fatigue, or increased heart rate or breathing rate).

For queries or additional information, please call DDC hotline 1422

